

Book Study #127 *The Deepest Well: Healing the Long Term Effects of Childhood Adversity* by Nadine Burke Harris

You have the opportunity to earn more than 3 CEUs when you take the SORLA book–study class. To earn the additional CEUs, you will need to both read the book and also complete an assignment BEFORE coming to SORLA.

Facilitator: Char Myklebust

Lakeville, Tuesday, June 17, 12:30-3:30
Assignment to earn a total of 10 CEUs

To earn an additional 7 CEU's for this session, you must bring the following written materials to class with you.

- **Before reading:** Visit the Adverse Childhood Experiences website <https://acestoohigh.com/got-your-ace-score/> and take the ACE calculator yourself **OR** try to identify the likely ACE score of one of your students (please use a pseudonym). Summarize the results.
- **While reading:** Briefly (approximately one 5 sentence paragraph) summarize the content of each chapter.
- **After Reading:** .
 1. What is the acronym used to help identify stroke symptoms and an appropriate response?
 2. What was the most significant thing you learned about the impact of ACE's and why (approximately one 5 sentence paragraph)?
 3. How are historical trauma and epigenetics related to ACE's (approximately one 5 sentence paragraph)?
 4. Describe an effective coordinated community (government, medical, education, child-serving agencies, families, faith community) response to preventing, mitigating, and healing ACEs in children (approximately two 5 sentence paragraphs).