

Book Study #428 *Teach Like Finland (33 Simple Strategies for Joyful Classrooms)* by Timothy D. Walker.

You have the opportunity to earn more than 3 CEUs when you take the SORLA book–study class. To earn the additional CEUs, you will need to both read the book and also complete an assignment BEFORE coming to SORLA.

Facilitator: Jodi Prchal

Lakeville, Thursday, June 21, 12:30-3:30
Assignment to earn a total of 10 CEUs

Before you come to our book study, please purchase or borrow *Teach Like Finland (33 Simple Strategies for Joyful Classrooms)* by Timothy D. Walker. After each chapter, reflect on the following discussion questions. Please choose your favorite way to record your thinking about the discussion questions listed below in a notebook. Choose at least one question per section to reflect on. These questions will serve as the foundation of our discussion and activities.

Introduction: Describe your feelings about the teaching profession. How long have you been in the profession? What do you do for yourself to relieve stress? What does Finland do differently than most US states?

Chapter One: Well Being: Give some examples of stress that is placed on students. Have you witnessed stressors like this? What is a brain break and why are they important? If you work with children, brainstorm ways you could incorporate brain breaks into your day. What other ways can you incorporate movement into your day? How can you recharge yourself as a teacher or parent?

Chapter Two: Belonging: What strategies can you use to connect with your students on a more personable level? Think about another staff member you could connect with to share highlights and lowlights of the year, as well as become buddy classrooms with.

Chapter Three: Autonomy: What is the difference between accountability and responsibility and give examples of how they are portrayed in your workplace. How does accountability and responsibility relate to students?

Chapter Four: Mastery: How can project based learning and/or Responsive Classroom be used in the classroom? What benefits are there to using these? How can less time spent with students be more productive?

Chapter Five: Mind-set: How can collaboration benefit the teacher and the students? Have you had to put on your "tough skin"? How do you handle tough incidents and is there something differently you might try?